



OUT There Adventures
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Pre-Trip Questionnaire

Name: _____ Date: _____

1. (If applicable) Have you ever slept away from your family? If so, how many days?

2. Have you ever been camping? If so, how many nights did you go camping?

3. Have you ever been kayaking/surfing/climbing/backpacking?? If so, how many days and where?

4. On a scale of 1 to 5 (1 not very and 5 very) how good are you at swimming?

5. What do you do for exercise? How many days a week do you exercise?

6. Name 3 things you want to learn on this trip.

7. Is there anything you would like to know or would like OTA to know?